

Inflationary cosmology: from theory to observations

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The main aim of this paper is to provide a qualitative introduction to the cosmological inflation theory and its relationship with current cosmological observations. The inflationary model solves many of the fundamental problems that challenge the Standard Big Bang cosmology, such as the Flatness, Horizon, and the magnetic Monopole problems. Additionally, it provides an explanation for the initial conditions observed throughout the Large-Scale Structure of the Universe, such as galaxies. In this review, we describe general solutions to the problems in the Big Bang cosmology carry out by a single scalar field. Then, with the use of current surveys, we show the constraints imposed on the inflationary parameters (n_s , r), which allow us to make the connection between theoretical and observational cosmology. In this way, with the latest results, it is possible to select, or at least to constrain, the right inflationary model, parameterized by a single scalar field potential $V(\phi)$.

Keywords: Inflation; observations; cosmological parameters.

El objetivo principal de este artículo es ofrecer una introducción cualitativa a la teoría de la inflación cósmica y su relación con observaciones actuales. El modelo inflacionario resuelve algunos problemas fundamentales que desafían al modelo estándar cosmológico, denominado modelo del Big Bang caliente, como el problema de la Planicidad, el Horizonte y la inexistencia de Monopolos magnéticos. Adicionalmente, provee una explicación al origen de la estructura a gran escala del Universo, como son las galaxias. En este trabajo se describen soluciones generales a los problemas de la Cosmología del Big Bang llevadas a cabo por un campo escalar. Además, mediante de observaciones recientes, se presentan constricciones de los parámetros inflacionarios n_s y r , que nos permiten realizar la conexión entre la teoría y las observaciones cosmológicas. Ésta manera, y con los últimos resultados, es posible seleccionar o al menos limitar el modelo inflacionario, usualmente parametrizado por un potencial de campo escalar $V(\phi)$.

Descriptores: Inflación; observaciones; parámetros cosmológicos.

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1. Introduction

The Standard Big Bang (SBB) cosmology is currently the most accepted model describing the central features of the observed Universe. The Big Bang model, with the addition of dark matter and dark energy components, has been successfully proved on cosmological levels. For instance, theoretical estimations of the abundance of primordial elements, numerical simulations of structure formation of galaxies and galaxy clusters are in good agreement with astronomical observations [3, 27, 58]. Also, the SBB model predicts the temperature fluctuations observed in the Cosmic Microwave Background radiation (CMB) with a high degree of accuracy: inhomogeneities of about one part in one hundred thousand [3, 29]. These results, amongst many others, are the great success of the SBB cosmology. Nevertheless, when we have a closer look at different scales observations seem to present certain inconsistencies or unexplained features in contrast with expected by the theory. Some of these unsatisfactory aspects led to the emergence of the inflationary model [4, 18, 37, 38].

In this work, we briefly present some of the relevant shortcomings the standard cosmology is dealing with, and a short review is carried out about scalar fields (ϕ) as promising candidates. Moreover, it is shown that an inflationary single

canonical-field model can be completely described through its potential energy $V(\phi)$. Also based on the slow-roll approximation, it is found that the set of parameters that allows making the connection with observations is given by the amplitude of density perturbations δ_H , the scalar spectral index n_s , and the tensor-to-scalar ratio r . Finally, the theoretical predictions for different scalar field potentials are shown and compared with current observational data on the phase-space parameter $n_s - r$, therefore pinning down the number of candidates and making predictions about the shape of $V(\phi)$.

2. The cosmological model

2.1. Main theory

To avoid long calculations and make this article accessible to young scientists, many technical details have been omitted or oversimplified. We encourage the reader to go over the vast amount of literature about the inflationary theory [12, 23, 27, 34, 41]. Before starting the theoretical description, let us consider some of the assumptions the SBB model is built [10]:

1) The physical laws at the present time can be extrapolated further back in time and be considered as valid in the

early Universe. In this context, gravity is described by the theory of General Relativity, up to the Planck era.

2) The cosmological principle holds: “There do not exist preferred places in the Universe”. That is, the geometrical properties of the Universe over sufficiently large-scales are based on the homogeneity and isotropy, both of them encoded on the Friedmann-Robertson-Walker (FRW) metric

$$ds^2 = -dt^2 + a^2(t) \left[\frac{dr^2}{1-kr^2} + r^2 (d\theta^2 + \sin^2 \theta d\phi^2) \right], \quad (1)$$

where (t, r, θ, ϕ) describe the time-polar coordinates; the spatial curvature is given by the constant k , and the cosmic scale-factor $a(t)$ parameterizes the relative expansion of the Universe; commonly normalized to today's value $a(t_0) = 1$. Hereafter we use natural units $c = \hbar = 1$, where the Planck mass m_{Pl} is related to the gravitational constant G through $G \equiv m_{\text{Pl}}^{-2}$.

3) On small scales, the anisotropic Universe is described by a linear expansion of the metric around the FRW background:

$$g_{\mu\nu}(\mathbf{x}, t) = g_{\mu\nu}^{\text{FRW}}(\mathbf{x}, t) + h_{\mu\nu}(\mathbf{x}, t). \quad (2)$$

To describe the general properties of the Universe, we assume its dynamic is governed by a source treated as a perfect fluid with pressure $p(t)$ and energy density $\rho(t)$. Both quantities are often related via an equation-of-state with the form of $p = p(\rho)$. Some of the well studied cases are

$$\begin{aligned} p &= \frac{\rho}{3} && \text{Radiation,} \\ p &= 0 && \text{Dust,} \\ p &= -\rho && \text{Cosmological constant } \Lambda. \end{aligned} \quad (3)$$

The Einstein equations for these kind of constituents, with the FRW metric, are given by: the **Friedmann equation**

$$H^2 \equiv \left(\frac{\dot{a}}{a} \right)^2 = \frac{8\pi}{3m_{\text{Pl}}^2} \rho - \frac{k}{a^2}, \quad (4)$$

the **acceleration equation**

$$\frac{\ddot{a}}{a} = -\frac{4\pi}{3m_{\text{Pl}}^2} (\rho + 3p), \quad (5)$$

and the energy conservation described by the **fluid equation**

$$\dot{\rho} + 3H(\rho + p) = 0, \quad (6)$$

where overdots indicate time derivative, and H defines the *Hubble parameter*. Notice that we could get the acceleration equation by time-deriving (2.1.); and using (6), therefore only two of them are independent equations. Table I displays the solutions for the Friedmann and fluid equations when different components of the Universe dominate along with the scale factor and the evolution of the Hubble parameter in each epoch.

From Eq. (2.1.) can be seen that for a particular Hubble parameter, there exists an energy density for which the universe may be spatially flat ($k = 0$). This is known as the *critical density* ρ_c and is given by

$$\rho_c(t) = \frac{3m_{\text{Pl}}^2 H^2}{8\pi}, \quad (7)$$

where ρ_c is a function of time due to the presence of H . In particular, its current value is denoted by $\rho_{c,0} = 1.87840 h^2 \times 10^{-26} \text{ kg m}^{-3}$, or in terms of more convenient units, taking into account large scales in the Universe, $\rho_{c,0} = 2.775 h^{-1} \times 10^{11} M_{\odot} / (h^{-1} \text{ Mpc})^3$ [3]; with the solar mass denoted by $M_{\odot} = 1.988 \times 10^{33} \text{ g}$ and h parameterizing the present value of the Hubble parameter today

$$H_0 = 100h \text{ km s}^{-1} \text{ Mpc}^{-1}. \quad (8)$$

The latest value of the Hubble parameter measured by the *Hubble Space Telescope* is quoted to be [54]:

$$H_0 = 70.0_{-8,0}^{12,0} \text{ km s}^{-1} \text{ Mpc}^{-1}. \quad (9)$$

TABLE I. Evolution of $\rho(a)$, $a(t)$ and $H(t)$ when the Universe is dominated by radiation, matter or a cosmological constant.

component	$\rho(a)$	$a(t)$	$H(t)$
radiation	$\propto a^{-4}$	$\propto t^{1/2}$	$1/(2t)$
matter	$\propto a^{-3}$	$\propto t^{2/3}$	$2/(3t)$
cosmological constant	$\propto a^0$	$\propto \exp(\sqrt{(\Lambda/3)}t)$	const

At the largest scales, a useful quantity to measure is the ratio of the energy density to the critical density defining the *density parameter* $\Omega_i \equiv \rho_i/\rho_c$. The subscript i labels different constituents of the Universe, such as baryonic matter, radiation, dark matter, and dark energy. The Friedmann equation (2.1.) can be then written such that it relates the total density parameter and the curvature of the Universe as

$$\Omega - 1 = \frac{k}{a^2 H^2}. \quad (10)$$

Thus the correspondence between the total density content Ω and the space-time curvature for different k values is:

- Open Universe : $0 < \Omega < 1$: $k < 0$: $\rho < \rho_c$.
- Flat Universe : $\Omega = 1$: $k = 0$: $\rho = \rho_c$.
- Closed Universe: $\Omega > 1$: $k > 0$: $\rho > \rho_c$.

Current cosmological observations, based on the standard model, find out the present value of Ω is [3]

$$\Omega_0 = 1.0007 \pm 0.0037, \quad (11)$$

that is, the present Universe is nearly flat.

2.2. Shortcomings of the model

This section presents some of the shortcomings the standard old cosmology is facing of, to then introduce the concept of Inflationary cosmology as a possible explanation to these issues.

Flatness problem

Notice that $\Omega = 1$ is a special case of Eq. (10). If the Universe was perfectly flat at the earliest epochs, then it remained so for all time. Nevertheless, a flat geometry is an unstable critical situation; that is, even a tiny deviation from it would cause that Ω evolved quite differently, and very quickly, the Universe would have become more curved. This can be seen as a consequence due to aH is a decreasing function of time during radiation or matter domination epoch, as it can be observed in Table 2.1., then

$$\begin{aligned} |\Omega - 1| &\propto t && \text{during radiation domination,} \\ |\Omega - 1| &\propto t^{2/3} && \text{during dust domination.} \end{aligned}$$

Since the present age of the Universe is estimated to be $t_0 \simeq 13.787$ Gyrs [3], from the above equation, we can deduce the required value of $|\Omega - 1| = |\Omega_0 - 1| t/t_0$ at different times to obtain the correct spatial-geometry at the present time $|\Omega_0 - 1|$ [expression (11)]. For instance, let us consider some particular epochs in a nearly flat universe:

- At Decoupling time ($t \simeq 10^{13}$ sec), we need that $|\Omega - 1| \leq 10^{-3}$.
- At Nucleosynthesis time ($t \simeq 1$ sec), we need that $|\Omega - 1| \leq 10^{-16}$.
- At the Planck epoch ($t \simeq 10^{-43}$ sec), we need that $|\Omega - 1| \leq 10^{-64}$.

Because there is no reason to prefer a Universe with a critical density, hence $|\Omega - 1|$ should not necessarily be exactly zero. Consequently, at early times $|\Omega - 1|$ has to be fine-tuned extremely close to zero to reach its actual observed value.

Horizon problem

The horizon problem is one of the most important problems in the Big Bang model, as it refers to the communication between different regions of the Universe. Bearing in mind the existence of the Big Bang, the age of the Universe is a finite quantity and hence even light should have only traveled a finite distance by all this time.

According to the standard cosmology, photons decoupled from the rest of the components at temperatures about $T_{dec} \approx 0.3$ eV at redshift $z_{dec} \approx 1100$ (*decoupling time*), from this time on photons free-streamed and traveled basically uninterrupted until reaching us, giving rise to the region

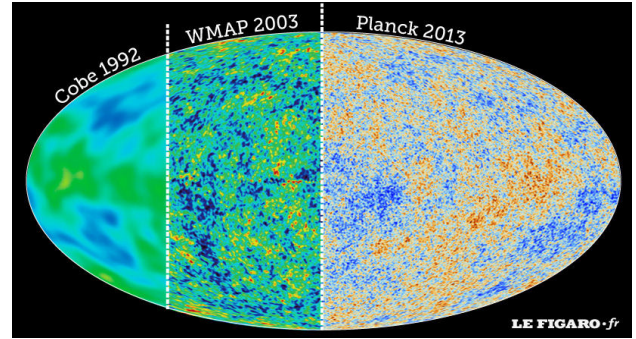


FIGURE 1. Temperature fluctuations measured in the CMB radiation using COBE-WMAP-Planck satellites [3, 15].

known as the *Observable Universe*. This spherical surface, at which the decoupling process occurred, is called the *surface of the last scattering*. The primordial photons are responsible for the CMB radiation observed today, then looking at its fluctuations is analogous of taking a picture of the universe at that time ($t_{dec} \approx 380,000$ years old), see Fig. 1.

Figure 1 shows light seen in all directions of the sky, these photons randomly distributed have nearly the same temperature $T_0 = 2.7255$ K plus small fluctuations (about one part in one hundred thousand) [3]. As we have already pointed out, being at the same temperature is a property of thermal equilibrium. Observations are, therefore, easily explained if different regions of the sky have been able to interact and moved towards thermal equilibrium. In other words, the isotropy observed in the CMB might imply that the radiation was homogeneous and isotropic within regions located on the last scattering surface. Oddly, the comoving horizon right before photons decoupled was significantly smaller than the corresponding horizon observed today. This means that photons coming from regions of the sky separated by more than the horizon scale at last scattering, typically about 2° , would not have been able to interact and established thermal equilibrium before decoupling. A simple calculation displays that at decoupling time, the comoving horizon was $90 h^{-1}$ Mpc and would be stretched up to $2998 h^{-1}$ Mpc at present. Then, the volume ratio provides that the microwave background should have consisted of about $\sim 10^5$ causally disconnected regions [46]. Therefore, the Big Bang model by itself does not explain why temperatures seen in opposite directions of the sky are so accurately the same; the homogeneity must have been part of the initial conditions?

On the other hand, the microwave background is not perfectly isotropic, but instead exhibits small fluctuations as detected initially by the Cosmic Background Explorer satellite (COBE) [57] and then, with improved measurements, by the Wilkinson Microwave Anisotropy Probe (WMAP) [19, 30] and nowadays with the Planck satellite [3]. These tiny irregularities are thought to be the ‘seeds’ that grew up until becoming the structure nowadays observed in the Universe.

Monopole problem

Following the line to find out the simplest theory to describe the Universe, several models in particle physics were suggested to unified three out of the four forces presented in the Standard Model of Particle Physics (SM): strong force, described by the group $SU(3)$, weak force, and electromagnetic force, with an associated group $SU(2) \otimes U(1)$. These classes of theories are called *Grand Unified Theories (GUT)* [14]. An important point to mention in favor of GUT is that they are the only ones that predict the equality electron-proton charge magnitude. Also, there are good reasons to believe the origin of *baryon asymmetry* might have been generated on the GUT [26].

These kinds of theories assert that in the early stages of the Universe ($t \sim 10^{-43}$ sec), at highly extreme temperatures ($T_{GUT} \sim 10^{32}$ K), existed a unified or *symmetric phase* described by a group G . As the Universe temperature dropped off, it went through different phase transitions until reach the symmetries associated with the standard model of particle physics, generating hence the matter particles such as electrons, protons and neutrons. When a phase transition happens its symmetry is broken and thus the symmetry group changes by itself, for instance:

- GUT transition:

$$G \rightarrow SU(3) \otimes SU(2) \otimes U(1).$$

- Electroweak transition:

$$SU(3) \otimes SU(2) \otimes U(1) \rightarrow SU(3) \otimes U(1).$$

The phase transitions have plenty of implications. One of the most important is the *topological defects* production which depends on the type of symmetry breaking and the spatial dimension [66], some of them are:

- Monopoles (zero dimensional).
- Strings (one dimensional).
- Domain Walls (two dimensional).

- Textures (three dimensional).

Monopoles are therefore expected to emerge as a consequence of unification models. Moreover, from particle physics models, there are no theoretical constraints about the mass a monopole should carry out. However, from LHC constrictions and grand unification theories, the monopoles would have a mass of $10^{13} - 10^{18}$ GeV [47]. Hence, based on their non-relativistic character, a crude calculation predicts an extremely high-density number n_{mono} of magnetic monopoles ($n_{mono} \sim 10^{76} \text{ cm}^{-3}$) at the time of grand unified symmetry breaking [10, 61]. According to this prediction, the Universe would be dominated by magnetic monopoles. In contrast with current observations: no one has found anyone yet.

3. Cosmological inflation

The inflationary model offers the most elegant way so far proposed to solve the problems of the standard Big Bang and, therefore, to understand the remarkably agreement with the standard cosmology. Inflation does not replace the Big Bang model, but rather it is considered as an ‘auxiliary addition’, which occurred at the earliest stages of the Universe without disturbing any of its successes.

Inflation is defined as the epoch in the early Universe in which the scale factor is exponentially expanded in just a fraction of a second:

$$\text{INFLATION} \iff \ddot{a} > 0 \tag{12}$$

$$\iff \frac{d}{dt} \left(\frac{1}{aH} \right) < 0. \tag{13}$$

The last term corresponds to the comoving Hubble length $1/(aH)$, interpreted as the observable Universe becoming smaller during inflation. This process allowed our observable region to lay down within the Hubble radius at the beginning of inflation. In [32] words: “is something similar to zooming in on a small region of the initial universe”; see left panel of Fig. 2.

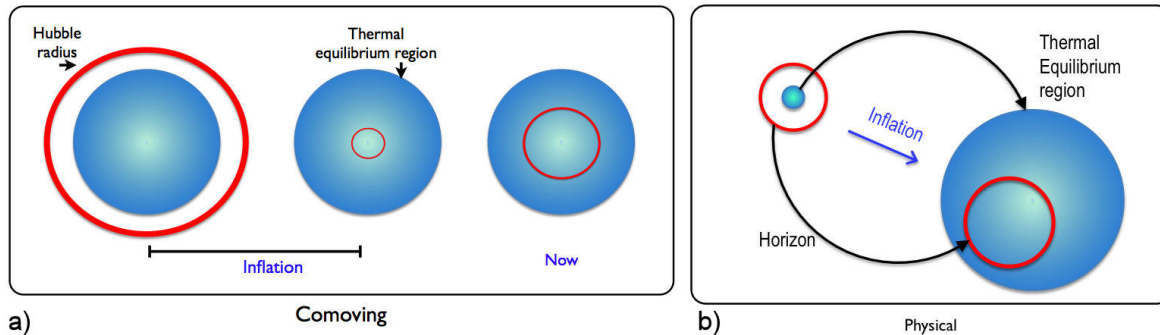


FIGURE 2. a) Schematic behavior of the comoving Hubble radius during the inflationary period. b) Physical evolution of the observable universe during the inflationary period.

From the acceleration Eq. (5) the condition for inflation, in terms of the material required to drive the expansion, is

$$\ddot{a} > 0 \iff (\rho + 3p) < 0. \quad (14)$$

Because in standard physics it is always postulated ρ as a positive quantity, and hence to satisfy the acceleration condition, it is necessary for the overall pressure to have

$$\text{INFLATION} \iff p < -\rho/3. \quad (15)$$

Nonetheless, neither radiation nor a matter component satisfies such condition. Let us postpone for a bit the problem of finding a candidate that may satisfy this inflationary condition.

3.1. Solution for the Big Bang problems

If this brief period of accelerated expansion occurred, then the mentioned problems may be solved.

Flatness problem

A typical solution is a Universe with a cosmological constant Λ , which can be interpreted as a perfect fluid with equation of state $p = -\rho$. Having this condition, we observe from Table I that the universe is exponentially expanded:

$$a(t) \propto \exp\left(\sqrt{\frac{\Lambda}{3}}t\right), \quad (16)$$

and the Hubble parameter H is constant, then the condition (13) is naturally fulfilled. This epoch is called *de Sitter stage*. However, postulating a cosmological constant as a candidate to drive inflation might create more problems than solutions by itself, *i.e.*, reheating process [9].

Let us look at what happens when a general solution is considered. If somehow there was an accelerated expansion, $1/(aH)$ tends to be smaller on time, and hence, by the expression (10), Ω is driven towards the unity rather than away from it. Then, we may ask ourselves how much should $1/(aH)$ decrease. If the inflationary period started at time $t = t_i$ and ended up approximately at the beginning of the radiation dominated era ($t = t_f$), then

$$|\Omega - 1|_{t=t_f} \sim 10^{-60},$$

and

$$\frac{|\Omega - 1|_{t=t_f}}{|\Omega - 1|_{t=t_i}} = \left(\frac{a_i}{a_f}\right)^2 \equiv e^{-2N}. \quad (17)$$

So, the required condition to reproduce the value of Ω_0 measured today is that inflation lasted for at least $N \equiv \ln a \gtrsim 60$, then Ω must be extraordinarily close to one that we still observe such quantity today. In this sense, inflation magnifies the curvature radius of the universe, so locally the universe seems to be flat with great precision, Fig. 3.

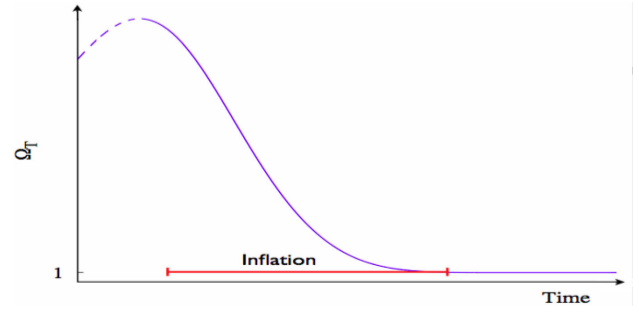


FIGURE 3. Evolution of the density parameter Ω during the inflationary period. Ω is driven towards unity, rather than away from it.

Horizon problem

As we have already seen, during inflation, the universe expands drastically, and there is a reduction in the comoving Hubble length. This process allowed a tiny region located inside the Hubble radius to evolve and constitute our present observable Universe. Fluctuations were hence stretched outside of the horizon during inflation and re-entered the horizon in the late Universe, see Fig. 2. Scales outside the horizon at CMB-decoupling were, in fact, inside the horizon before inflation. The region of space corresponding to the observable universe, therefore, was in thermal equilibrium before inflation, and the uniformity of the CMB is essentially explained.

Monopole problem

The monopole problem was initially the main motivation to develop the inflationary cosmology [18]. During the inflationary epoch, the Universe led to a dramatic expansion over which the density of the unwanted particles were diluted away. Generating enough expansion, the dilution made sure the particles stayed completely out of the observable Universe making pretty difficult to localize even a single magnetic monopole.

4. Single-field inflation

Throughout the literature, there exists a broad diversity of models that have been suggested to carry out the inflationary process [34, 43, 49]. In this section, we present the scalar fields as good candidates to drive inflation and explain how to relate theoretical predictions to observable quantities. Here, we limit ourselves to models based on general gravity, *i.e.*, derived from the Einstein-Hilbert action, and single-field models described by a homogeneous real slow-rolling scalar field ϕ . Nevertheless, in Sec. 5. we provide a very brief introduction to inflation with several scalar fields, as a possibility to generate the inflationary process.

Inflation relies on the existence of an early epoch in the Universe dominated by a very different form of energy; remember the requirement of the unusual negative pressure.

Such a condition can be satisfied by a single scalar field (spin-0 particles). The scalar field, which drives the Universe to an inflationary epoch, is often termed as the *inflaton field*.

Let us consider a real scalar field minimally coupled to gravity, with an arbitrary potential $V(\phi)$ and Lagrangian density \mathcal{L} specified by the action

$$S = \int d^4x \sqrt{-g} \mathcal{L} = \int d^4x \sqrt{-g} \left[\frac{1}{2} \partial_\mu \phi \partial^\mu \phi - V(\phi) \right]. \quad (18)$$

The energy-momentum tensor corresponding to this field is given by

$$T_{\mu\nu} = \partial_\mu \phi \partial_\nu \phi - g_{\mu\nu} \mathcal{L}. \quad (19)$$

In the same way as the perfect fluid treatment, the energy density ρ_ϕ and pressure density p_ϕ in the FRW metric are found to be

$$T_{00} = \rho_\phi = \frac{1}{2} \dot{\phi}^2 + V(\phi) + \frac{1}{2} \nabla \phi^2, \quad (20)$$

$$T_{ii} = p_\phi = \frac{1}{2} \dot{\phi}^2 - V(\phi) - \frac{1}{6} \nabla \phi^2. \quad (21)$$

Considering a homogeneous field ($\nabla \phi = 0$), its corresponding equation of state is

$$w = \frac{p_\phi}{\rho_\phi} = \frac{\frac{1}{2} \dot{\phi}^2 - V(\phi)}{\frac{1}{2} \dot{\phi}^2 + V(\phi)}. \quad (22)$$

We can now split up the inflaton field as

$$\phi(\mathbf{x}, t) = \phi_0(t) + \delta\phi(\mathbf{x}, t), \quad (23)$$

where ϕ_0 is considered a classical field, that is, the mean value of the inflaton on the homogeneous and isotropic state, whereas $\delta\phi(\mathbf{x}, t)$ describes the quantum fluctuations around ϕ_0 .

The evolution equation for the background field ϕ_0 is given by

$$\ddot{\phi}_0 + 3H\dot{\phi}_0 = -V_{,\phi_0}, \quad (24)$$

moreover, the Friedmann Eq. (4) with negligible curvature becomes

$$H^2 = \frac{8\pi}{3m_{\text{Pl}}^2} \left[\frac{1}{2} \dot{\phi}_0^2 + V(\phi_0) \right], \quad (25)$$

where we have used commas as derivatives with respect to the scalar field ϕ_0 .

From the structure of the effective energy density and pressure, the acceleration Eq. (5) becomes,

$$\frac{\ddot{a}}{a} = -\frac{8\pi}{3m_{\text{Pl}}^2} \left(\dot{\phi}_0^2 - V(\phi_0) \right). \quad (26)$$

Therefore, the inflationary condition to be satisfied is $\dot{\phi}_0^2 < V(\phi_0)$, which is easily fulfilled with a suitably flat potential. Now, we shall omit the subscript '0' by convenience.

4.1. Slow-roll approximation

As we have noted, a period of accelerated expansion can be created by the cosmological constant (Λ) and hence solve the aforementioned problems. After a brief period of time, inflation must end up, and its energy converted into conventional matter/radiation; this process is called *reheating*. In a Universe dominated by a cosmological constant, the reheating process is seen as Λ decaying into conventional particles; however, claiming that Λ is able to decay is still a naive way to face the problem. On the other hand, scalar fields have the property to behave like a *dynamical cosmological constant*. Based on this approach, it is useful to suggest a scalar field model starting with a nearly flat potential, *i.e.*, initially satisfies the *first slow-roll condition* $\dot{\phi}^2 \ll V(\phi)$. This condition may not necessarily be fulfilled for a long time, but to avoid this problem, a second *slow-roll condition* is defined as $|\ddot{\phi}| \ll |V_{,\phi}|$ or equivalently $|\dot{\phi}| \ll 3H|\phi|$. In this case, the scalar field is slowly rolling down its potential, and by obvious reasons, such approximation is called *slow-roll* [33, 36]. The equations of motion (24) and (25), for slow-roll inflation, then become

$$3H\dot{\phi} \simeq -V_{,\phi}, \quad (27)$$

$$H^2 \simeq \frac{8\pi}{3m_{\text{Pl}}^2} V(\phi). \quad (28)$$

It is easily verifiable that the slow-roll approximation requires the slope and curvature of the potential to be small: $V_{,\phi}, V_{,\phi\phi} \ll V$.

The inflationary process happens when the kinetic part of the inflaton field is subdominant over the potential field $V(\phi)$. When both quantities become comparable, the inflationary period ends up giving rise finally to the reheating process, see Fig. 4.

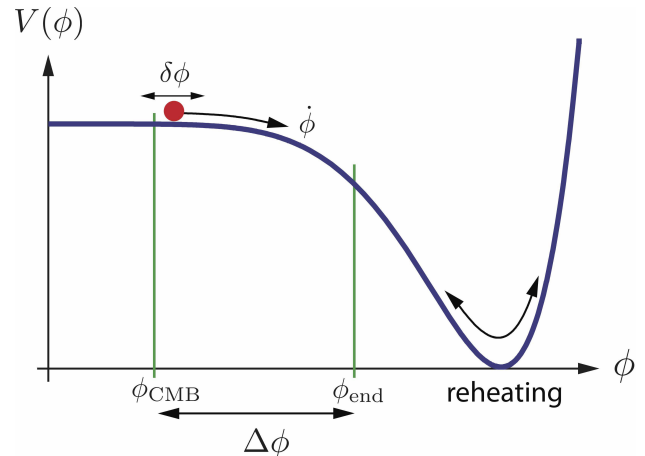


FIGURE 4. Schematic inflationary process [7].

It is now useful to introduce the *potential slow-roll parameters* ϵ_v and η_v in the following way [33, 55]

$$\epsilon_v(\phi) \equiv \frac{m_{\text{Pl}}^2}{16\pi} \left(\frac{V_{,\phi}}{V} \right)^2, \quad (29)$$

$$\eta_v(\phi) \equiv \frac{m_{\text{Pl}}^2}{8\pi} \frac{V_{,\phi\phi}}{V}. \quad (30)$$

Equations (27) and (28) are in agreement with the slow-roll approximation when the following conditions hold

$$\epsilon_v(\phi) \ll 1, \quad |\eta_v(\phi)| \ll 1. \quad (31)$$

These conditions are sufficient but not necessary because the validity of the slow-roll approximations was a requirement in its derivation. The physical meaning of $\epsilon_v(\phi)$ can be explicitly seen by expressing Eq. (12) in terms of ϕ , then, the inflationary condition is equivalent to

$$\frac{\ddot{a}}{a} > 0 \implies \epsilon_v(\phi) < 1. \quad (32)$$

Hence, inflation concludes when the value $\epsilon_v(\phi_{\text{end}}) = 1$ is reached.

Within these approximations, it is straightforward to find out the scale factor between the beginning and the end of inflation. Because the size of the expansion is an enormous quantity, it is useful to compute it in terms of the e -fold number N , defined by

$$N \equiv \ln \frac{a(t_{\text{end}})}{a(t)} = \int_t^{t_e} H dt \simeq \frac{8\pi}{m_{\text{Pl}}^2} \int_{\phi_e}^{\phi} \frac{V}{V_{,\phi}} d\phi. \quad (33)$$

To give an estimate of the number of e -folds, let assume the evolution of the Universe can be split up into different epochs and concentrate on a particular scale k (at this point, we only consider a generic scale. However, in the next section, we will explain that such scales can be associated to the size of perturbations in a Fourier space), which was inside the horizon at the beginning of inflation and then at certain time left the horizon. If we consider particularly the moment when the size of such scale was equal to the horizon, *i.e.*, $k = aH$, then we can assume the following cosmological history:

- Inflationary era: horizon crossing ($k = aH$) \rightarrow end of inflation a_{end} .
- Radiation era: reheating a_{reh} \rightarrow matter-radiation equality a_{eq} .
- Matter era: a_{eq} \rightarrow present a_0 .

Assuming the transition between one era to another is instantaneous, then $N(k) = \ln(a_k/a_0)$ can be easily computed with:

$$\frac{k}{a_0 H_0} = \frac{a_k H_k}{a_0 H_0} = \frac{a_k}{a_{\text{end}}} \frac{a_{\text{end}}}{a_{\text{reh}}} \frac{a_{\text{reh}}}{a_{\text{eq}}} \frac{a_{\text{eq}}}{a_0} \frac{H_k}{H_0},$$

where $a_k (H_k)$ refers to the scale factor (Hubble parameter) measured at the moment when k equals the horizon. Then, one has [34]

$$N(k) = 62 - \ln \frac{k}{a_0 H_0} - \ln \frac{10^{16} \text{ GeV}}{V_k^{1/4}} + \ln \frac{V_k^{1/4}}{V_{\text{end}}} - \frac{1}{3} \ln \frac{V_{\text{end}}^{1/4}}{\rho_{\text{reh}}^{1/4}}.$$

The last three terms are small quantities related to energy scales during the inflationary process and usually can be ignored. The precise value for the second quantity depends on the model as well as the Planck normalization; however, it does not present any significant change to the total amount of e -folds. Thus, the value of total e -foldings is ranged from 50-70 [43]. Nevertheless, this value could change if a modification of the full history of the Universe is considered. For instance, thermal inflation can alter N up to a minimum value of $N = 25$ [44, 45].

As we noted, the parameters describing inflation can be presented as a function of the scalar field potential. That is, an inflationary model with a single scalar field is specified by selecting an inflationary potential $V(\phi)$. At this point, it is necessary to mention that these potentials are not chosen arbitrarily, but in fact, there is a whole line of research motivated by fundamental physics. For this paper, we will not delve into this subject; however, it will be understood that this potential is motivated by fundamental theory. To exemplify our initial point, let us consider the following example.

The potential that describes a massive and free scalar field is given by:

$$V(\phi) = \frac{1}{2} m^2 \phi^2. \quad (34)$$

Considering the slow-roll approximation, Eqs. (24) and (25) become:

$$3H\dot{\phi} = -m^2\phi, \quad (35)$$

$$H^2 = \frac{4\pi m^2 \phi^2}{3m_{\text{Pl}}^2}.$$

Thus, the dynamics of this type of model is described by

$$\phi(t) = \phi_i - \frac{mm_{\text{Pl}}}{\sqrt{12}\pi} t, \quad (36)$$

$$a(t) = a_i \exp \left[\sqrt{\frac{4\pi}{3}} \frac{m}{m_{\text{Pl}}} \left(\phi_i t - \frac{mm_{\text{Pl}}}{\sqrt{48}\pi} t^2 \right) \right],$$

where ϕ_i and a_i represent the initial conditions at a given initial time $t = t_i$. The slow-roll parameters for this particular potential are computed from equations (29) and (30)

$$\epsilon_v = \eta_v = \frac{m_{\text{Pl}}^2}{4\pi} \frac{1}{\phi^2}, \quad (37)$$

that is, an inflationary epoch takes place while the condition $|\phi| > m_{\text{Pl}}/\sqrt{4\pi}$ is satisfied, and the total amount lapsed during this accelerated period is encoded on the e -folds number

$$N_{\text{tot}} = \frac{2\pi}{m_{\text{Pl}}^2} [\phi_i^2 - \phi_e^2]. \quad (38)$$

The steps shown before might, in principle, apply to any inflationary single-field model. That is, the general information we need to characterize the cosmological inflation is specified by the scalar field potential responsible for generating this mechanism.

4.2. Cosmological Perturbations

Inflationary models have the merit that they do not only explain the homogeneity of the Universe on large-scales but also provide a theory for explaining the observed level of *anisotropy*. During the inflationary period, quantum fluctuations of the field were driven to scales much larger than the Hubble horizon. Then, in this process, the fluctuations were frozen and turned into metric perturbations [48]. Metric perturbations created during inflation can be described by two terms. The *scalar, or curvature*, perturbations are coupled with matter in the Universe and form the initial “seeds” of structure observed in galaxies today. Although the *tensor perturbations* do not couple to matter, they are associated to the generation of primordial gravitational waves. As we shall see, scalar and tensor perturbations are seen as important components to the CMB anisotropy [21].

In a similar matter, we introduced the density parameter for large scales, on small scales we consider the *density contrast* defined by $\delta \equiv \delta\rho/\rho$. At this point, it is convenient to work in a Fourier description and then quantities are replaced by its corresponding analog in Fourier space, for example, $\delta(\mathbf{x}, t) \rightarrow \delta_{\mathbf{k}}(\mathbf{k}, t)$, where \mathbf{k} refers to a given scale, and similarly for several quantities, and $k = |\mathbf{k}|$. We now on assume *adiabatic initial conditions*, which require that matter and radiation perturbations are initially in perfect thermal equilibrium, and therefore the density contrast for different species in the Universe satisfy

$$\frac{1}{3}\delta_{\mathbf{k}b} = \frac{1}{3}\delta_{\mathbf{k}c} = \frac{1}{4}\delta_{\mathbf{k}\gamma} \left(= \frac{1}{4}\delta_{\mathbf{k}} \right), \quad (39)$$

where subindex $\mathbf{k}b, \mathbf{k}c, \mathbf{k}\gamma$ refer to the density contrast in Fourier space for baryons, dark matter, and radiation, respectively, and $\delta_{\mathbf{k}}$ is the total density contrast. We encourage the reader to look at [34] or [52] for a more accurate description of the above important relation. The most general density perturbation is described by a linear combination of adiabatic perturbations as well as *isocurvature perturbations*, where the latter one plays an important role when more than one scalar field is considered (see next section and [34]).

On the other hand, the *primordial curvature perturbation* $\mathcal{R}_k(t)$ has the property to be constant within a few Hubble times after the horizon exit, *i.e.*, when $k = aH$. This value is called the *primordial value* and is related to the scalar field perturbation $\delta\phi_k$ by

$$\mathcal{R}_k = - \left[\frac{H}{\dot{\phi}} \delta\phi_k \right]_{k=aH}. \quad (40)$$

As already mentioned, if inflation provides an exponential expansion, then the horizon remains practically constant while

all other scales grow up. In this way, we can focus on the evolution of the quantum perturbations of the inflaton into a small region compared to the horizon. In this region, it is possible to assume the space as locally flat and ignore the metric perturbations. Thus, working in Fourier space the classical equation of motion for the perturbation part of $\phi(\mathbf{x}, t)$ in (23) is

$$(\delta\phi_k)'' + 3H(\delta\phi_k)' + \left(\frac{k}{a}\right)^2 \delta\phi_k = 0, \quad (41)$$

where we have assumed linear perturbations and neglect higher orders. This means that perturbations generated by vacuum fluctuations have uncorrelated Fourier modes, the signature of *Gaussian perturbations*.

The above equation can be rewritten as a harmonic oscillator equation with variable frequency. If we now move to the quantum world and make the corresponding associations of operators to classical variables, the quantum dynamics will be determined by [42]

$$\hat{\psi}_k(\eta) = \frac{\psi_k(\eta)\hat{a}(k) + \psi_k^*(\eta)\hat{a}^\dagger(-k)}{(2\pi)^3}$$

with
$$\psi_k(\eta) = -\frac{e^{-ik\eta}}{\sqrt{2k}} \frac{k\eta - i}{k\eta}, \quad (42)$$

where \hat{a} and \hat{a}^\dagger are the particle creation and annihilation operators, η is the conformal time defined by $\partial_\eta \equiv a\partial_t$, where during inflation $\eta \sim -1/aH$ and $\psi \equiv a\delta\phi$.

The inflationary process dilutes all possible particles existing before this period. Taking this into account, the ground state of the system is given by the vacuum. We notice that well after horizon exit, $\eta \rightarrow 0$, $\psi_k(\eta)$ approaches the value

$$\psi_k(\eta) = -\frac{i}{\sqrt{2k}} \frac{1}{k\eta}, \quad (43)$$

so that equation (42) is rewritten as

$$\hat{\psi}_k(\eta) = \psi_k(\eta) \frac{\hat{a}(k) - \hat{a}^\dagger(-k)}{(2\pi)^3}. \quad (44)$$

The temporal dependence of $\hat{\psi}_k$ is now trivial and implies that once $\psi_k(\eta)$ is measured after horizon exit, it will continue having a definite value. This quantum fluctuation becomes classical once the horizon is crossed and can be taken as the initial inhomogeneity that will later give rise to the structure formation. However, these initial conditions will be slightly modified due to the amount of inflation remaining, once the k -scale has left the horizon.

Defining the spectrum of perturbations as

$$\begin{aligned} \langle \psi_k \psi_{k'}^* \rangle &= \frac{2\pi^2}{k^3} \mathcal{P}_\psi(k) \delta_D(\vec{k} - \vec{k}'), \\ &= \frac{2\pi^2}{k^3} a^2 \mathcal{P}_\phi(k) \delta_D(\vec{k} - \vec{k}'), \end{aligned} \quad (45)$$

where the Dirac's delta distribution δ_D guarantees that modes relative to different wave-numbers are uncorrelated to preserve homogeneity. In the above expression, the quantity P_ϕ (P_ψ) is the spectrum generated by the perturbed part of the field ϕ ($\psi = a\delta\phi$). The left-hand side of the equation (45) (along with the expression (43)) evaluated at a few Hubble times after the horizon exit, $\eta \sim 1/aH_k$, yields to the spectrum

$$\mathcal{P}_\phi(k) = \left(\frac{H}{2\pi} \right)_{k=aH}^2. \quad (46)$$

From (40) and (46) the primordial curvature power spectrum $\mathcal{P}_\mathcal{R}(k)$, computed in terms of the scalar field spectrum $\mathcal{P}_\phi(k)$, is given by

$$\begin{aligned} \mathcal{P}_\mathcal{R}(k) &= \left[\left(\frac{H}{\dot{\phi}} \right)^2 \mathcal{P}_\phi(k) \right]_{k=aH} \\ &= \left[\left(\frac{H}{\dot{\phi}} \right) \left(\frac{H}{2\pi} \right) \right]_{k=aH}^2. \end{aligned} \quad (47)$$

On the other hand, the creation of primordial gravitational waves corresponds to the tensor part of the metric perturbation $h_{\mu\nu}$ in (2). In Fourier space, tensor perturbations h_{ij} can be expressed as the superposition of two polarization modes

$$h_{ij} = h_+ e_{ij}^+ + h_\times e_{ij}^\times, \quad (48)$$

where $+$, \times represent the longitudinal and transverse modes. From Einstein equations, it is found that each amplitude h_+ and h_\times behaves as a free scalar field in the sense that

$$\psi_{+, \times} \equiv \frac{m_{\text{Pl}}}{\sqrt{8}} h_{+, \times}. \quad (49)$$

Therefore, taking the results of the scalar perturbations, each $h_{+, \times}$ has a spectrum \mathcal{P}_T given by

$$\mathcal{P}_T(k) = \frac{8}{m_{\text{Pl}}^2} \left(\frac{H}{2\pi} \right)_{k=aH}^2. \quad (50)$$

The canonical normalization of the field $\psi_{+, \times}$ was chosen such that the *tensor-to-scalar ratio* of the spectra is

$$r \equiv \frac{\mathcal{P}_T}{\mathcal{P}_\mathcal{R}} = 16\epsilon_v. \quad (51)$$

During the horizon exit, $k = aH$, H and $\dot{\phi}$ have tiny variations during a few Hubble times. In this case, the scalar and tensor spectra are nearly scale-invariant and therefore well approximated to a power law

$$\begin{aligned} \mathcal{P}_\mathcal{R}(k) &= \mathcal{P}_\mathcal{R}(k_0) \left(\frac{k}{k_0} \right)^{n_s - 1}, \\ \mathcal{P}_T(k) &= \mathcal{P}_T(k_0) \left(\frac{k}{k_0} \right)^{n_T}. \end{aligned} \quad (52)$$

where $k_0 = 0.002 \text{Mpc}^{-1}$ and the spectral indices are defined as

$$n_s - 1 \equiv \frac{d \ln \mathcal{P}_\mathcal{R}(k)}{d \ln k}, \quad n_T \equiv \frac{d \ln \mathcal{P}_T(k)}{d \ln k}. \quad (53)$$

A scale-invariant spectrum, called Harrison-Zel'dovich (HZ), has constant variance on all length scales, and it is characterized by $n_s = 1$; small deviations from scale-invariance are also considered as a typical signature of the inflationary models. Then the spectral indices n_s and n_T can be expressed in terms of the slow-roll parameters ϵ_v and η_v , to lowest order, as:

$$\begin{aligned} n_s - 1 &\simeq -6 \epsilon_v(\phi) + 2 \eta_v(\phi), \\ n_T &\simeq -2 \epsilon_v(\phi). \end{aligned} \quad (54)$$

These parameters are *not* completely independent, but the tensor spectral index is proportional to the tensor-to-scalar ratio $r = -8n_T$. This expression is the *first consistency relation* for slow-roll inflation. Hence, any inflationary model, to the lowest order in slow-roll, can be described in terms of three independent parameters: the amplitude of density perturbations $\delta \sim \mathcal{P}_\mathcal{R}(k_0)^{1/2}$ ($\approx 5 \times 10^{-5}$ initially measured by COBE satellite), the scalar spectral index n_s , and the tensor-to-scalar ratio r . If we require a more accurate description, we have to consider higher-order effects, and then include parameters for describing the running of scalar ($n_{s\text{run}} \equiv dn_s/d \ln k$), tensor ($n_{T\text{run}} \equiv dn_T/d \ln k$) index, and higher order corrections.

An important point to emphasize is that δ , r , and n_s are parameters that nowadays are tested from several observations. This allows comparing theoretical predictions with observational data, for instance, those provided by the Cosmic Microwave Background radiation. In other words, future measurements of these parameters may probe or at least constrain the inflationary models, and therefore the shape of the inflaton potential $V(\phi)$.

Let us get back to the massive-free scalar field example in Eq. (34). Inflation ends up when the condition $\epsilon_v = 1$ is achieved, so $\phi_{\text{end}} \simeq m_{\text{Pl}}/\sqrt{2\pi}$. As we pointed out before, we are interested in models with an e -fold number of about $N_{\text{tot}} = 60$, that is from (38)

$$\phi_i = \phi_{60} \simeq \sqrt{\frac{30}{\pi}} m_{\text{Pl}}. \quad (55)$$

Finally, the spectral index and the tensor-to-scalar ratio for this potential are

$$n_s - 1 = -\frac{1}{30}, \quad r = \frac{2}{15}. \quad (56)$$

If the massive scalar field potential is the right inflationary model, current observations should favor the values $n_s \approx 0.97$ and $r \approx 0.1$.

To determine the shape of the primordial power spectrum [Eq. (47)] from cosmological observations, it is usual to assume a parameterized form for it. Even though the simplest

assumption for the spectra has a form of a power-law given by Eq. (52), there have been several studies regarding the shape of the primordial spectrum. Some of them based on physical models, some using observational data to constrain an a priori parameterization, and others attempting a direct reconstruction from data [17, 20, 62, 63, 65]

5. Multi-field inflation

Assuming that a single scalar field is responsible for inflation may be only an approximation since the presence of multiple fields could drive this process as well. In this section, we show how the cosmological equations are modified when two scalar fields are responsible for driving the inflationary process [8]. The generalization of several fields can be easily obtained and described by [16].

5.1. Background equation of motion

We consider a two-field inflationary model with canonical kinetic terms and dynamics described by an arbitrary interaction potential $V(\phi, \psi)$. As usual, we assume the classical fields are homogeneous and evolve in an FRW background. Thus, the background equation of motion for each scalar field and the Hubble parameter are

$$\ddot{\phi}_i + 3H\dot{\phi}_i + \frac{dV_i}{d|\phi_i|^2}\phi_i = 0, \quad (i = \phi, \psi), \quad (57a)$$

$$H^2 = \frac{8\pi}{3m_{\text{Pl}}^2} \left[V + \frac{1}{2} (\dot{\phi}^2 + \dot{\psi}^2) \right], \quad (57b)$$

where $V_{,i} \equiv \partial V / \partial \phi_i$. During inflation, we adopt the slow-roll approximation for each field. This occurs always that the condition $\epsilon_i, |\eta_{ij}| \ll 1$ is fulfilled; ϵ_i and η_{ij} are now a new set of slow-roll parameters defined by

$$\epsilon_i = \frac{m_{\text{Pl}}^2}{16\pi} \left(\frac{V_{,i}}{V} \right)^2, \quad \eta_{ij} = \frac{m_{\text{Pl}}^2}{8\pi} \left(\frac{V_{,ij}}{V} \right). \quad (58)$$

The set of Eqs. (57) are rewritten in the slow-roll approximation as

$$\dot{\phi}_i \simeq -\frac{V_{,i}}{3H} \left(1 + \frac{1}{3} \delta_i^H \right), \quad H^2 \simeq \frac{8\pi}{3m_{\text{Pl}}^2} V \left(1 + \frac{1}{3} \epsilon^H \right) \quad (59)$$

with δ_i^H and ϵ^H the new slow-roll parameters:

$$\delta_i^H = -\frac{\ddot{\phi}_i}{H\dot{\phi}_i}, \quad \epsilon^H = \epsilon_{\phi\phi} + \epsilon_{\psi\psi}. \quad (60)$$

5.2. Cosmological perturbations: the adiabatic and isocurvature perturbations

The equation of motion for each perturbed field is described by

$$\ddot{\delta\phi}_i + 3H\dot{\delta\phi}_i + \sum_j \left[V_{,ij} - \frac{8\pi}{a^3 m_{\text{Pl}}^2} \frac{d}{dt} \left(\frac{a^3}{H} \dot{\phi}_i \dot{\phi}_j \right) \right] \delta\phi_j = 0. \quad (61)$$

On the largest scales ($k \ll aH$) it is better to work on a rotating basis of the fields defined by the relation:

$$\begin{pmatrix} \delta\sigma \\ \delta s \end{pmatrix} = S^\dagger \begin{pmatrix} \delta\phi \\ \delta\psi \end{pmatrix}, \quad (62a)$$

where

$$S = \begin{pmatrix} \cos\theta & -\sin\theta \\ \sin\theta & \cos\theta \end{pmatrix}, \quad \tan\theta = \frac{\dot{\psi}}{\dot{\phi}} \simeq \pm \sqrt{\frac{\epsilon_\psi}{\epsilon_\phi}}. \quad (62b)$$

The field σ is parallel to the trajectory in field space, and it is usually called the *adiabatic field*, whereas the field s is perpendicular, named the *entropy field*. If the background trajectory is curved, then $\delta\sigma$ and δs are correlated at Hubble exit, and therefore, at such moment, the *power spectra* and *cross-correlation* are described by the expressions:

$$\mathcal{P}_\sigma(k)|_{k=aH} \simeq \left(\frac{H}{2\pi} \right)_{k=aH}^2 \times (1 + (-2 + 6C)\epsilon - 2C\eta_{\sigma\sigma}), \quad (63a)$$

$$C_{\sigma s}(k)|_{k=aH} \simeq -2C\eta_{\sigma s} \left(\frac{H}{2\pi} \right)_{k=aH}^2, \quad (63b)$$

$$\mathcal{P}_s(k)|_{k=aH} \simeq \left(\frac{H}{2\pi} \right)_{k=aH}^2 \times (1 + (-2 + 2C)\epsilon - 2C\eta_{ss}), \quad (63c)$$

where $C \simeq 0.7296$, $\epsilon \equiv \epsilon_{\sigma\sigma} + \epsilon_{ss}$ and η_{ij} ($i, j = \sigma, s$) are slow-roll parameters defined in a similar way than Eq. (58), but now in terms of the new fields σ and s .

5.2.1. Final power spectrum and spectral index

The *curvature* and *isocurvature perturbations* are usually defined as

$$\mathcal{R} \equiv \frac{H}{\dot{\sigma}} \delta\sigma, \quad S \equiv \frac{H}{\dot{\sigma}} \delta s. \quad (64)$$

In the slow-roll limit, on large scales, the evolution of curvature and isocurvature perturbations can be written using the formalism of transfer matrix:

$$\begin{pmatrix} \mathcal{R} \\ S \end{pmatrix} = \begin{pmatrix} 1 & T_{\mathcal{R}S} \\ 0 & T_{SS} \end{pmatrix} \begin{pmatrix} \mathcal{R} \\ S \end{pmatrix}_{k=aH}, \quad (65)$$

where

$$\begin{aligned} T_{SS}(t_k, t) &= \exp\left(\int_{t_k}^t \beta H dt'\right), \\ T_{RS}(t_k, t) &= \exp\left(\int_{t_k}^t \alpha T_{SS} H dt'\right), \end{aligned} \quad (66)$$

being t_k the time at horizon crossing. At linear order in slow-roll parameters

$$\alpha \simeq -2\eta_{\sigma s}, \quad \beta \simeq -2\epsilon + \eta_{\sigma\sigma} - \eta_{ss}, \quad (67)$$

where again η_{ij} is defined similarly than Eqs. (58) but in terms of the new fields σ and s .

On the other hand, the primordial curvature perturbation during the radiation-dominated era (some time after inflation finished) is given, on large scales, by

$$\mathcal{R} = \Psi + \frac{H\delta\rho}{\rho}, \quad (68)$$

where Ψ is the gravitational potential. The conventional definition of the isocurvature perturbation for an i -specie is given relative to the radiation density by

$$S_i = H \left(\frac{\delta\rho_i}{\rho_i} - \frac{\delta\rho_\gamma}{\rho_\gamma} \right). \quad (69)$$

Then, at the beginning of the radiation-domination era, we get the final power spectra

$$\mathcal{P}_{\mathcal{R}} \simeq P|_{k=aH} (1 + \cot^2 \Delta), \quad (70a)$$

$$\mathcal{P}_S = T_{SS}^2 P|_{k=aH}, \quad (70b)$$

$$C_{RS} = T_{RS} T_{SS} P_R|_{k=aH}, \quad (70c)$$

where at linear order in slow-roll parameters $P|_{k=aH}$ is

$$P|_{k=aH} = \frac{1}{2\epsilon} \left(\frac{2H}{m_{\text{Pl}}} \right)_{k=aH}^2, \quad (71)$$

with Δ the observable correlation angle defined at the lowest order by

$$\cos \Delta = \frac{T_{RS}}{\sqrt{1 + T_{RS}^2}}. \quad (72)$$

The final spectral index for each contribution, defined as $n_x - 1 = d \ln P_x / d \ln k$, at linear order in slow-roll parameters, are

$$\begin{aligned} n_s - 1 &\simeq -(6 - 4 \cos^2 \Delta) \epsilon + 2 \sin^2 \Delta \eta_{\sigma\sigma} \\ &\quad + 4 \sin \Delta \cos \Delta \eta_{\sigma s} + 2 \cos^2 \Delta \eta_{ss}, \end{aligned} \quad (73a)$$

$$n_S - 1 \simeq -2\epsilon + 2\eta_{ss}. \quad (73b)$$

$$n_C - 1 \simeq -2\epsilon + 2 \tan \Delta \eta_{\sigma s} + 2\eta_{ss}, \quad (73c)$$

Notice that we have kept the subindex s to be consistent with the scalar spectral index defined in the single inflationary scenario. It is also common to parameterize the primordial adiabatic and entropy perturbations on super-horizon scales as power laws

$$\mathcal{P}_{\mathcal{R}} = A_r^2 \left(\frac{k}{k_0} \right)^{n_{ad1}-1} + A_s^2 \left(\frac{k}{k_0} \right)^{n_{ad2}-1}, \quad (74a)$$

$$C_{RS} = A_s B \left(\frac{k}{k_0} \right)^{n_{cor}-1}, \quad (74b)$$

$$\mathcal{P}_S = B^2 \left(\frac{k}{k_0} \right)^{n_{iso}-1}, \quad (74c)$$

where at linear order $n_{ad1} = -6\epsilon + 2\eta_{\sigma\sigma}$, $n_{ad2} = 2n_C - n_S$, $n_{cor} = n_C$, $n_{iso} = n_S$. We have that A_r^2 , A_s^2 and B can be written in terms of the correlation angle as

$$A_r^2 = [\mathcal{P}_{\mathcal{R}} \sin^2 \Delta]_{k_0}, \quad A_s^2 = [\mathcal{P}_{\mathcal{R}} \cos^2 \Delta]_{k_0}, \quad (75a)$$

$$B^2 = [T_{SS}^2 \mathcal{P}_{\mathcal{R}}]_{k_0}, \quad (75b)$$

A_r^2 and A_s^2 are the contributions of the adiabatic and entropy fields to the amplitude of the primordial adiabatic spectrum.

5.2.2. Gravitational waves

Given the fact that scalar and tensor perturbations are decoupled at linear order, gravitational waves at horizon crossing are the same as in the single-field case. Also, their amplitude should remain frozen on large scales after Hubble exit. Therefore the tensor power spectrum and the spectral index are finally

$$\begin{aligned} \mathcal{P}_T &= \mathcal{P}_T|_{k=aH} \simeq 8 \left(\frac{H}{2\pi m_{\text{Pl}}} \right)_{k=aH}^2 \\ &\quad \times (1 + 2(-1 + C)\epsilon), \end{aligned} \quad (76)$$

$$n_T \simeq -2\epsilon \left[1 + \left(\frac{4}{3} + 4C \right) \epsilon + \left(\frac{2}{3} + 2C \right) \eta_{\sigma\sigma} \right], \quad (77)$$

The tensor-to-scalar ratio at Hubble exit is the same as in the single field case. However, at super-horizon scales, the curvature perturbations continue evolving as (70a). In this way the value of r sometime after the end of inflation is

$$r \simeq 16\epsilon \sin^2 \Delta \left[1 - \left(\frac{4}{3} + 4C \right) \epsilon + \left(\frac{2}{3} + 2C \right) \eta_{\sigma\sigma} \right]. \quad (78)$$

We can observe from (51) that the single scalar field case works as an upper constraint on r .

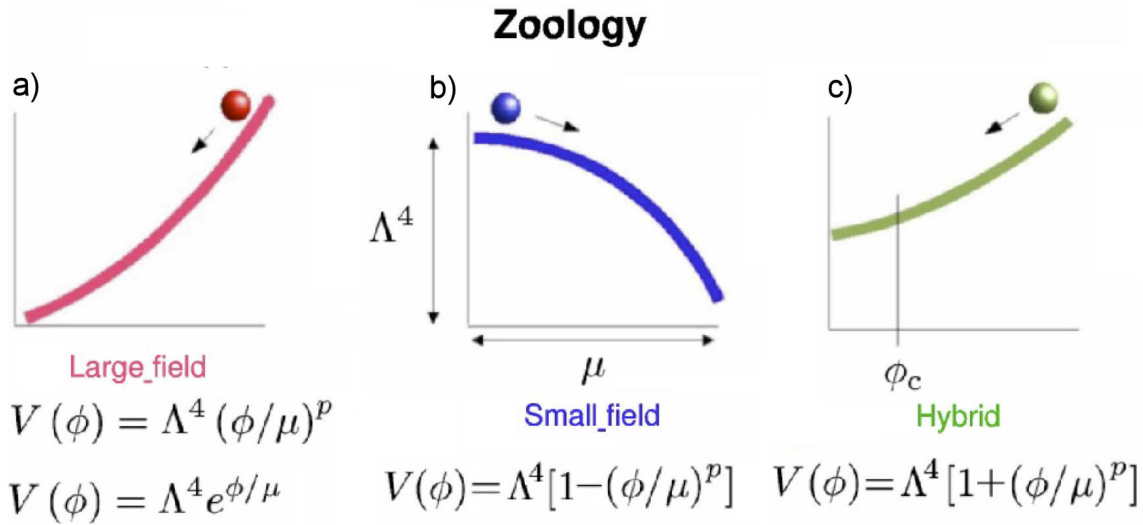


FIGURE 5. Potential classification. From a) to c): *large field*, *small field*, and *hybrid potential* [23].

6. Inflationary models

We have seen that a single-field inflationary model could be described by the specification of the potential form $V(\phi)$. In this case, the comparison of model predictions to CMB observations reduces to the following basic steps:

1. Given a scalar field potential $V(\phi)$, compute the slow-roll parameters $\epsilon_v(\phi)$ and $\eta_v(\phi)$.
2. Find out ϕ_{end} given by $\epsilon_v(\phi_{\text{end}}) = 1$.
3. From Eq. (33), compute the field at about 60 e -folds ϕ_{60} .
4. Compute n_s and r as function of ϕ_{60} to test the model with CMB data.

Different types of models are classified by the relationship amongst their slow-roll parameters ϵ_v and η_v , which are reflected in different relations between n_s and r . Hence, an appropriate parameter space to show the diversity of models is well described by the n_s — r plane.

6.1. Models

Even if we restrict the analysis to a single-field, the number of inflationary models available is enormous [24, 34, 40, 43]. Then, it is convenient to classify different kinds of potentials following [24]. The classification is based on the behavior of the potential during inflation. The three basic types are shown in Fig. 5. *Large field*: the field is initially displaced from a stable minimum and evolves towards it. *Small field*: the field evolves away from an unstable maximum. *Hybrid*: the field evolves towards a minimum with vacuum energy different from zero.

A general single field potential can be written in terms of a *height* Λ and a *width* μ , such as

$$V(\phi) = \Lambda^4 f\left(\frac{\phi}{\mu}\right). \quad (79)$$

Different models have different forms for the function f .

6.2. Large-field models: $-\epsilon_v < \eta_v \leq \epsilon_v$

Large field models perhaps possess the simplest type of monomial potentials. These kinds of potentials represent the *chaotic* inflationary scenarios [38]. The distinctive of these models is that the shape of the effective potential is not very important in detail. That is, a region of the Universe where the scalar field is usually situated at $\phi \sim m_{\text{Pl}}$ from the minimum of its potential will automatically lead to inflation (Fig. 6). Such models are described by $V_{,\phi\phi} > 0$ and $-\epsilon_v < \eta_v \leq \epsilon_v$.

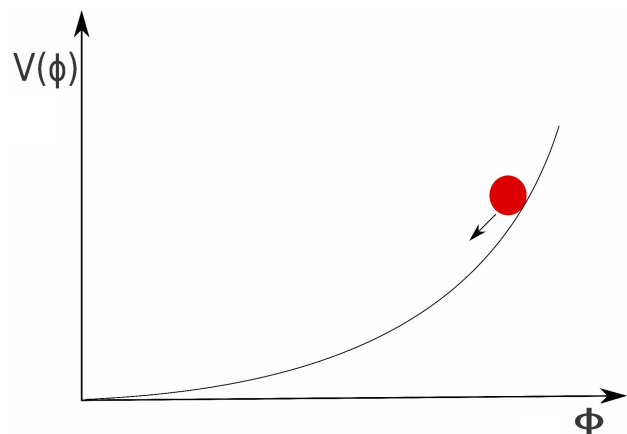


FIGURE 6. Chaotic inflationary potential.

A general set of large-field polynomial potentials can be written as

$$V(\phi) = \Lambda^4 \left(\frac{\phi}{\mu} \right)^p, \quad (80)$$

where it is enough to choose the exponent $p > 1$ in order to specify a particular model. This model gives

$$\begin{aligned} n_s - 1 &= -\frac{2+p}{2N}, \\ r &= \frac{4p}{N}. \end{aligned} \quad (81)$$

In this case, gravitational waves can be sufficiently big to eventually be observed ($r \gtrsim 0.1$). From the quadratic potential of Eq. (34), we obtain

$$\begin{aligned} \epsilon_v &\simeq 0.008, \quad \eta_v \simeq 0.008, \\ n_s &\simeq 0.97, \quad r \simeq 0.128. \end{aligned} \quad (82)$$

In the high power limit, the $V \propto \phi^p$ predictions are the same as the exponential potential [60]. Hence, a variant of this class of models is

$$V(\phi) = \Lambda^4 \exp(\phi/\mu). \quad (83)$$

This type of potential is a rare case presented in inflation because its dynamics has an exact solution given by a power-law expansion. For this case the spectral index n_s is closely related to the tensor-to-scalar ratio r , as

$$\begin{aligned} n_s - 1 &= -\frac{m_{\text{Pl}}^2}{8\pi\mu^2}, \\ r &= 8(1 - n_s), \end{aligned} \quad (84)$$

as we observe, the slow-roll parameters are explicitly independent of the e -fold number N .

6.3. Small-field models: $\eta_v < -\epsilon_v$

Small field models are typically described by potentials that arise naturally from spontaneous symmetry breaking. These types of models are also known as *new inflation* [38, 51]. In this case, inflation takes place when the field is situated in a false vacuum state, very close to the top of the hill, and rolls down to a stable minimum, see Fig. 7. These models are typically characterized by $V_{,\phi\phi} < 0$ and $\eta_v < -\epsilon_v$, usually ϵ_v is closely zero (and hence the tensor amplitude).

Small field potentials can be written in a generic form as

$$V(\phi) = \Lambda^4 [1 - (\phi/\mu)^p], \quad (85)$$

where the exponent p differs from model to model. $V(\phi)$ is usually considered as the lowest-order term in a Taylor expansion from a more general potential. In the simplest case of spontaneous symmetry breaking, with no special symmetries, the dominant term is the mass term, $p = 2$, hence the model gives

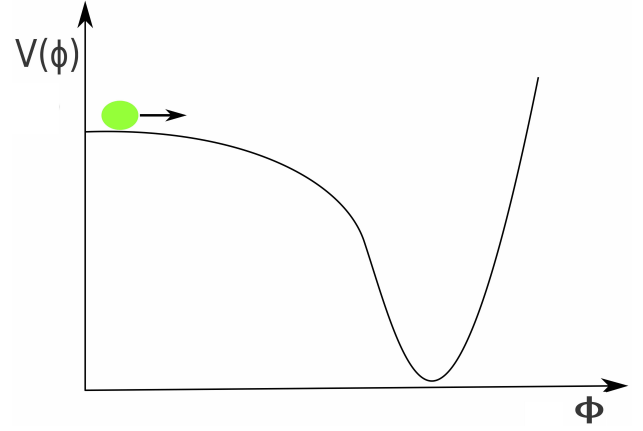


FIGURE 7. New inflationary potential.

$$\begin{aligned} n_s - 1 &\simeq -\left(\frac{m_{\text{Pl}}}{\mu} \right)^2, \\ N &= \frac{4\pi\mu^2}{m_{\text{Pl}}^2} \left[\ln \left(\frac{\phi_{\text{end}}}{\phi_i} \right) - \frac{\phi_{\text{end}} - \phi_i}{2\mu^2} \right], \\ r &= 8(1 - n_s) \exp[-1 - N(1 - n_s)]. \end{aligned} \quad (86)$$

On the other hand, $p > 2$ has a very different behavior. The scalar spectral index is

$$n_s - 1 = -\frac{2}{N} \left(\frac{p-1}{p-2} \right), \quad (87)$$

independent of (m_{Pl}/μ) . Besides, the tensor-to-scalar ratio for this model is given by

$$r = 8 \left(\frac{\sqrt{8\pi}\mu}{m_{\text{Pl}}} \right)^{2p/(p-2)} \left(\frac{p}{2N(p-2)} \right)^{2(p-1)/(p-2)}. \quad (88)$$

6.4. Hybrid models: $0 < \epsilon_v < \eta_v$

The third class, called **hybrid models**, frequently includes those that incorporate supersymmetry into inflation [11, 39]. In these models, the inflaton field ϕ evolves towards a minimum of its potential, however, the minimum has a vacuum energy $V(\phi_{\text{min}}) = \Lambda^4$ different from zero. In such cases, inflation continues forever unless an auxiliary field ψ is added to interact with ϕ and ends inflation at some point $\phi = \phi_c$. Such models are well described by $V_{,\phi\phi} > 0$ and $0 < \epsilon_v < \eta_v$, where V is the effective 1-field potential for the inflaton.

The generic potential for hybrid inflation, in a similar way to large field and small field models, is considered as

$$V(\phi) = \Lambda^4 [1 + (\phi/\mu)^p], \quad (89)$$

where again p is an exponent that differs from model to model. For $(\phi/\mu) \gg 1$, the behavior of the large-field models is recovered. Besides that, when $(\phi/\mu) \ll 1$, the dynamics

is similar to small-field models, but now the field is evolving towards a dynamical fixed point rather than away from it. Because the presence of an auxiliary field the number of e -folds is

$$N(\phi) \simeq \left(\frac{p+1}{p+2} \right) \left[\frac{1}{\eta(\phi_c)} - \frac{1}{\eta(\phi)} \right]. \quad (90)$$

For $\phi \gg \phi_c$, $N(\phi)$ approaches the value

$$N_{\max} \equiv \left(\frac{p+1}{p+2} \right) \frac{1}{\eta(\phi_c)}. \quad (91)$$

In general

$$N = \frac{8\pi\mu^p}{pm_{\text{Pl}}^2} \left[\frac{\phi_{\text{end}}^{2-p} - \phi_i^{2-p}}{2-p} + \frac{\phi_{\text{end}}^2 - \phi_i^2}{2\mu^p} \right], \quad \text{for } p \neq 2, \quad (92)$$

$$N = \frac{8\pi\mu^p}{pm_{\text{Pl}}^2} \left[\ln \left(\frac{\phi_{\text{end}}}{\phi_i} \right) + \frac{\phi_{\text{end}}^2 - \phi_i^2}{2\mu^p} \right], \quad \text{for } p = 2, \quad (93)$$

and therefore, the spectral index is given by

$$n_s - 1 \simeq 2 \left(\frac{p+1}{p+2} \right) \frac{1}{N_{\max} - N}.$$

As we can note, the power spectrum is *blue* ($n_s > 1$) and the model presents a running of the spectral index

$$\frac{dn_s}{d \ln k} = -\frac{1}{2} \left(\frac{p+2}{p+1} \right) (n_s - 1)^2. \quad (94)$$

This parameter will be very useful for higher orders and more accurate constraints in future observations. For instance, the particular case $p = 2$ and $n_s = 1.2$, the running obtained is $dn_s/d \ln k = -0.05$ [23].

6.5. Linear models: $\eta_V = -\epsilon_V$

Linear models, $V(\phi) \propto \phi$, are located on the limits between large field and small field models. They are represented by $V_{,\phi\phi} = 0$ and $\eta_V = -\epsilon_V$. The spectral index and tensor-to-scalar ratio are given by

$$n_s - 1 = -\frac{6}{1 - 4N}, \quad r = \frac{16}{1 - 4N}. \quad (95)$$

6.6. Logarithmic inflation

There remain several single-field models which cannot fit into this classification, for instance, the logarithmic potentials [6]

$$V(\phi) = V_0 \left[1 + (Cg^2/8\pi^2) \ln(\phi/\mu) \right]. \quad (96)$$

Typically they correspond to loop corrections in a supersymmetric theory, where C denotes the degrees of freedom coupled to the inflaton and g is a coupling constant. For this potential, the inflationary parameters are

$$n_s - 1 \simeq -\frac{1}{N}, \quad r \simeq \sqrt{\frac{1}{N} \frac{Cg^2}{16\pi}}. \quad (97)$$

In this model, to end up inflation, an auxiliary field is needed, which is the main feature of hybrid models. However, when it is plotted on the n_s — r plane, it is located in the small-field region.

6.7. Hybrid natural inflation

Hybrid Natural Inflation is particularly appealing because its origins lie in well motivated physics. The inflaton potential relevant to the inflationary era has the general form

$$V(\phi) = \Delta^4 \left(1 + a \cos \left(\frac{\phi}{f} \right) \right), \quad (98)$$

where f is the symmetry breaking scale and a allows for more general inflationary phenomena that can readily accommodate the Planck results, and even allow for a low-scale of inflation. Here the inflaton, ϕ , is a pseudo-Goldstone boson associated with a spontaneously broken global symmetry and is thus protected from large radiative corrections to its mass. Defining c_ϕ and s_ϕ by $\cos(\phi/f)$ and $\sin(\phi/f)$ respectively, we get

$$\epsilon_V = \frac{1}{16\pi} \left(\frac{a}{f} \right)^2 \frac{s_\phi^2}{(1 + ac_\phi)^2}, \quad (99)$$

$$\eta_V = -\frac{1}{8\pi} \left(\frac{a}{f^2} \right) \frac{c_\phi}{1 + ac_\phi}, \quad (100)$$

and the inflationary parameters are computed and constrained by [56, 64].

The classification of inflationary models mentioned previously may be interpreted as an arbitrary one, nevertheless, it is very useful because different types of models cover different regions of the (n_s, r) plane without overlapping, see Fig. 8.

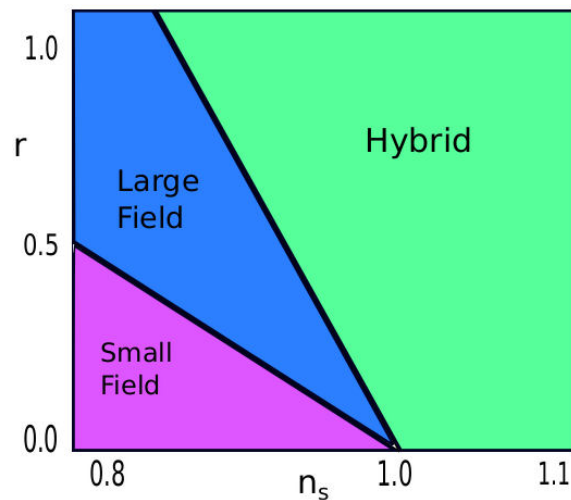


FIGURE 8. Classification of the potentials in terms of n_s and r parameters.

6.8. Hybrid waterfall inflation

A two-field inflationary scenario is an alternative case of the hybrid models. It occurs when the mass of the auxiliary field is smaller than the Hubble parameter, *i.e.*, $V_{,\psi\psi} \lesssim H$. Once the inflaton acquires a critical value ϕ_c , the auxiliary field starts evolving slowly, and a period of inflation is produced during its dynamics, usually called the *waterfall scenario*. An interesting result is the possibility to obtain a *red* power spectrum ($n_s < 1$), according to the amount of inflation produced during the waterfall period. As an example, let us consider two scalar fields with a potential V_t like chaotic-hybrid:

$$V_t = \frac{\lambda}{4} \left[\left(\frac{M^2}{\lambda} - \psi^2 \right)^2 + \frac{1}{2} m^2 \phi^2 + \frac{1}{2} g^2 \phi^2 \psi^2 \right], \quad (101)$$

with M, m, λ constant values. In the typical hybrid models, it is expected that the *waterfall* field ψ remains at $\psi = 0$ while the inflaton field ϕ evolves generating inflation. Then, when $\phi = \phi_c$, the minimum $\psi = 0$ becomes unstable, and the waterfall field rolls down to its true minimum, finishing up immediately with the inflationary era. However, if $M^2 \lesssim H^2$, we obtain the waterfall period. Taking the limit $g^2 \psi^2 / H^2 \ll m^2 / H^2$ (*i.e.*, the back-reaction of the waterfall field on the inflaton is small during inflation) and $\psi^2 / H^2 \ll M^2 / \lambda H^2$ we obtain finally that [1]

$$n_s - 1 \simeq \left[\frac{4M^2}{3H^2} \left(\frac{M^2}{9H^2} - r n_k \right) \right]_{k=aH}, \quad (102)$$

where $n_k = N_k - N_c$ is a measurement of the difference between the e -folds N_k when a given scale k has left the horizon and the e -folds N_c when the waterfall transition starts. Then, for modes that left the horizon before the phase transition, we have $n_k < 0$ and $n_s > 1$, whereas, for modes that have left the horizon after a phase transition, we have that $n_k > 0$ and n_s can take any value.

7. Observational results

How can observations constrain n_s and r in inflationary models? During several years many projects, at different scales, have been carried out to look for observational data to constrain cosmological models. That is, different models may imprint different behaviors over the CMB spectra, see Fig. 9. Amongst many projects, they are: Cosmic Background Explorer (COBE), Wilkinson Microwave Anisotropy Probe (WMAP), Cosmic Background Imager observations (CBI), Ballon Observations of Millimetric Extra-galactic Radiation and Geophysics (BOOMERang), the Luminous Red Galaxy (LRG) subset DR7 of the Sloan Digital Sky Survey (SDSS), Baryon Acoustic Oscillations (BAO), Supernovae (SNe) data, Hubble Space Telescope (HST) and recently the South Pole Telescope (SPT), the Atacama Cosmology Telescope (ACT) and the Planck Satellite. Below, we show some of the constraints for different types of inflationary potentials by using historical and current observational data. We stress

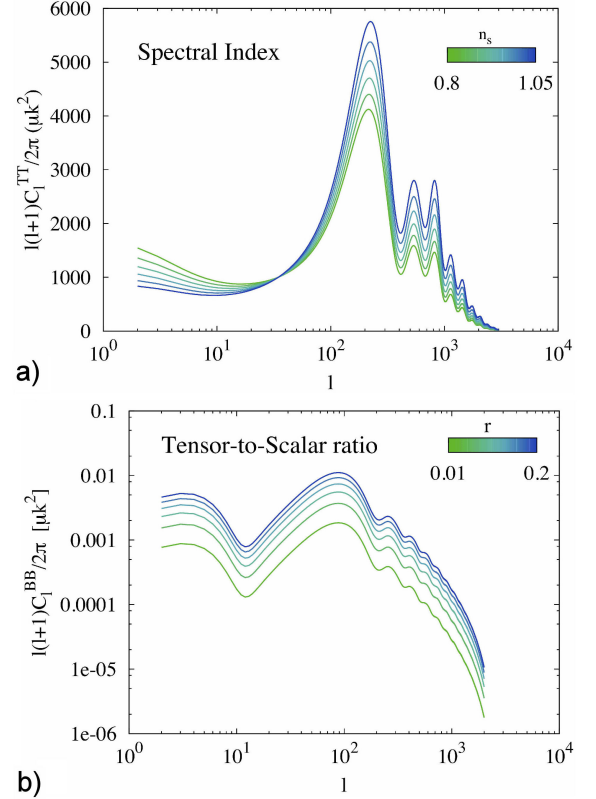


FIGURE 9. a) Variations of the CMB scalar spectrum for different values of the spectral index n_s , and b) variations of the CMB tensor spectrum for the tensor-to-scalar ratio r .

that the results are shown on the phase space $n_s - r$, and therefore our interest is mainly focussed on the case with no running $dn_s/d \ln k = 0$ and single fields.

Figure 10 displays 2D marginalized posterior distributions for n_s and r based on two data sets: WMAP3 by itself, and WMAP3 plus information from the LRG subset from SDSS [25]. Considering WMAP3 observations alone (open contours) the parameters are constrained such that $0.94 < n_s < 1.04$ and $r < 0.60$ (95% CL). Those models that present $n_s < 0.9$ are therefore ruled out at high confidence level. The same is applied for models with $n_s > 1.05$. WMAP data by itself cannot lead to strong constraints, because of the existence of parameter degeneracies, like the well known geometrical degeneracy involving Ω_m , Ω_Λ and Ω_k . However, when it is combined with different types of datasets, together, they increase the constraining power and might remove degeneracies. Once the SDSS data is included, the limit of the gravitational wave amplitude and the spectral index constraints are reduced, that is, for WMAP3+SDSS (filled contours) the constraints on n_s and r are $0.93 < n_s < 1.01$ and $r < 0.31$. Moreover, Fig. 10 shows that the Harrison-Zel'dovich model: $n_s = 1, r = 0, dn_s/d \ln k = 0$, is still in good agreement with this type of data. Similarly, for inflation driven by a massless self-interacting scalar field $V(\phi) = \lambda \phi^4$ (see Eq. (81)), the contours indicate that this potential with 60 e -folds is still consistent with WMAP3 data

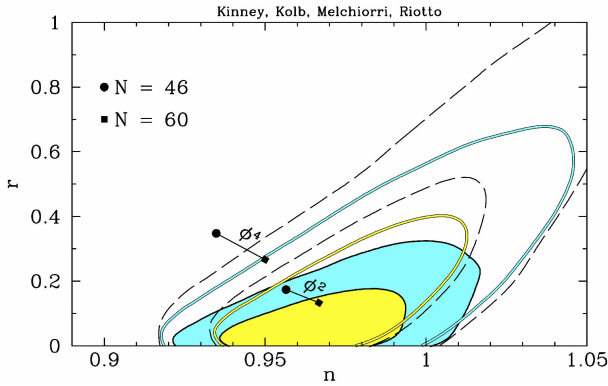


FIGURE 10. WMAP3 only (open contours) and WMAP3+SDSS (filled contours) 2D posterior distributions on the phase space n_s - r , for the potentials ϕ^2 and ϕ^4 by considering e -folds of $N \sim 46$ and 60. Colored regions correspond to 68% and 95% CL [25].

at 95% CL, nevertheless ruled out by the combined datasets WMAP3+SDSS. The potential $V(\phi) = m^2\phi^2/2$ is consistent with both data sets, with a preference to 60 e -folds.

On the other hand, left panel of Fig. 11 shows limits imposed by WMAP5 data alone, $r < 0.43$ (95% CL) while $0.964 < n_s < 1.008$. When BAO and SN data are added, the limits improved significantly to $r < 0.22$ (95% CL) and $0.953 < n_s < 0.983$ [28]. Right panel of Fig. 11 displays a summary for different potential constraints by WMAP5+BAO+SN. The model $V(\phi) = \lambda\phi^4$, unlike WMAP3 constraints, is found to be located far away from the 95% CL, and therefore it is excluded by more than 2σ . For inflation produced by a massive scalar field $V(\phi) = (1/2)m^2\phi^2$, the model with $N = 50$ is situated outside the 68% CL, whereas with $N = 60$ is at the boundary of the 68% CL. Therefore, this model is consistent with data within the 95% CL. The points represented by N inflation describe a model with many massive axion fields [35]. For an exponential potential ($V(\phi) = \exp[-(\phi/m_{pl})\sqrt{2/p}]$), it is observed that models with $p < 60$ are mainly excluded. Models with $60 < p < 70$ are roughly in the boundary of the 95% region, and $p > 70$ are in agreement within the 95% CL. Some models with $p \sim 120$ essentially layouts in the limit of the 68% CL.

The hybrid potentials, as already noted, can have different behaviors depending on the (ϕ/μ) value. The parameter space can be split up into three different regions based on (ϕ/μ) . For $\phi/\mu \ll 1$ the dynamics is similar to small fields and the dominant term lays in the region called “Flat Potential Regime”. For $\phi/\mu \gg 1$ the results are similar to large field models, and this region is called Chaotic Inflation-like Regime. The boundary, $\phi/\mu \sim 1$, is named Transition regime. The different (ϕ/μ) values corresponding to their regions are shown in the right panel of Fig. 11. Finally, the combined datasets WMAP5+BAO+SN ruled out the Harrison-Zel’dovich model by more than 95% CL.

Following the same line for inflationary models, we use the COSMOMC package [31] which allows to perform the parameter estimation and provide constraints for the n_s and r parameters, given a dataset [we refer to [50] where the authors provided an introduction on Bayesian parameter inference and its applications to cosmology]. We assume a flat Λ CDM model specified by the following parameters: the physical baryon $\Omega_b h^2$ and cold dark matter density $\Omega_{DM} h^2$ relative to the critical density, θ is $100\times$ the ratio of the sound horizon to angular diameter distance at last scattering surface and τ denotes the optical depth at reionization. To illustrate our point, we initially consider WMAP seven-year data. We observe from Fig. 12 that a model to be considered as a favorable candidate it has to predict a spectral index about $n_s = 0.982^{+0.020}_{-0.019}$ and a tensor-to-scalar ratio $r < 0.37$ (95% CL). When WMAP-7 is combined with different datasets, the constraints are tightened, as it is shown by [30].

Two recent experiments have placed new constraints on the cosmological parameters: the Atacama Cosmology Telescope (ACT) [13] and the South Pole Telescope (SPT) [22]. Figure 13 shows the predicted values for a chaotic inflationary model with inflaton potential $V(\phi) \propto \phi^p$ with 60 e -folds. We observe that models with $p \geq 3$ are disfavored at more than 95% CL.

Figure 14 shows recent constraints given by [53] in the n_s and r plane. Gray regions correspond to the Planck 2013 results, red regions added the contribution of the temperature power spectrum (TT) and the Planck polarization data in the low- l likelihood (lowP) while blue regions added the temperature-polarization cross spectrum (TE), and the polar-

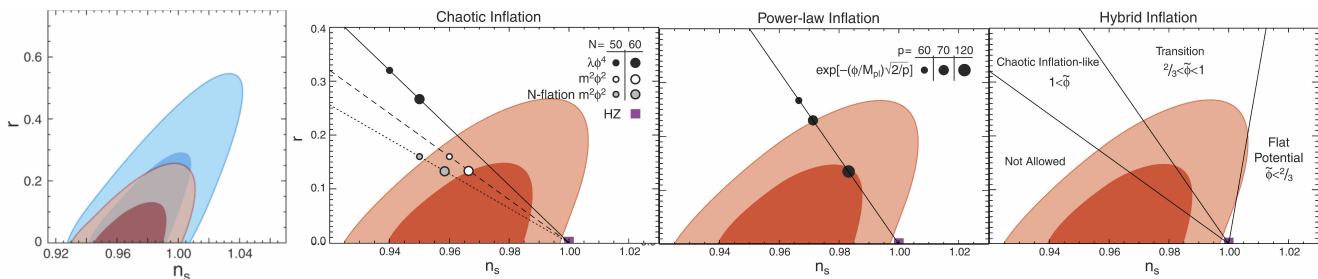


FIGURE 11. Constraints on n_s and r . Left panel: WMAP5 results are colored blue and WMAP5+BAO+SN red. Right panel: Constraints on large and hybrid models from the combined datasets WMAP5+BAO+SN. Colored regions correspond to 68% and 95% CL [28].

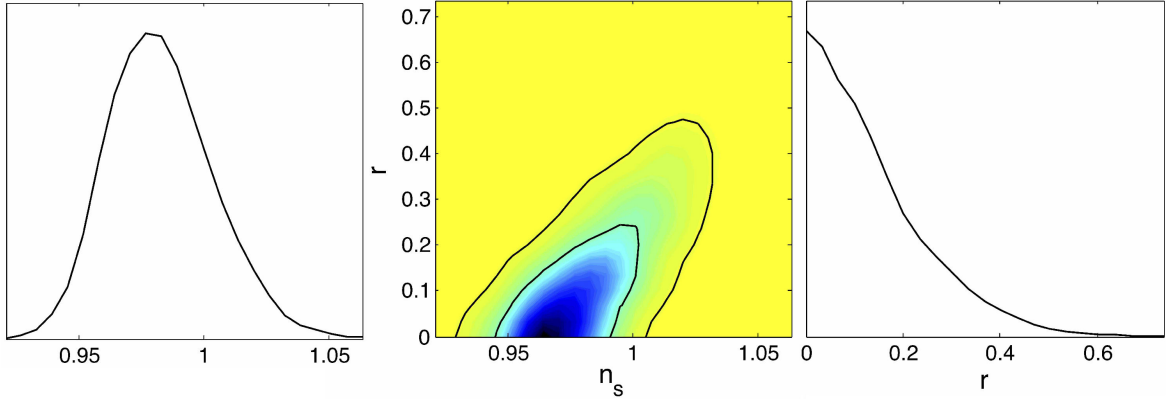


FIGURE 12. 1D and 2D Marginalized probability constraints on n_s and r using only WMAP7 data. 2D constraints are plotted with 1σ and 2σ confidence contours.

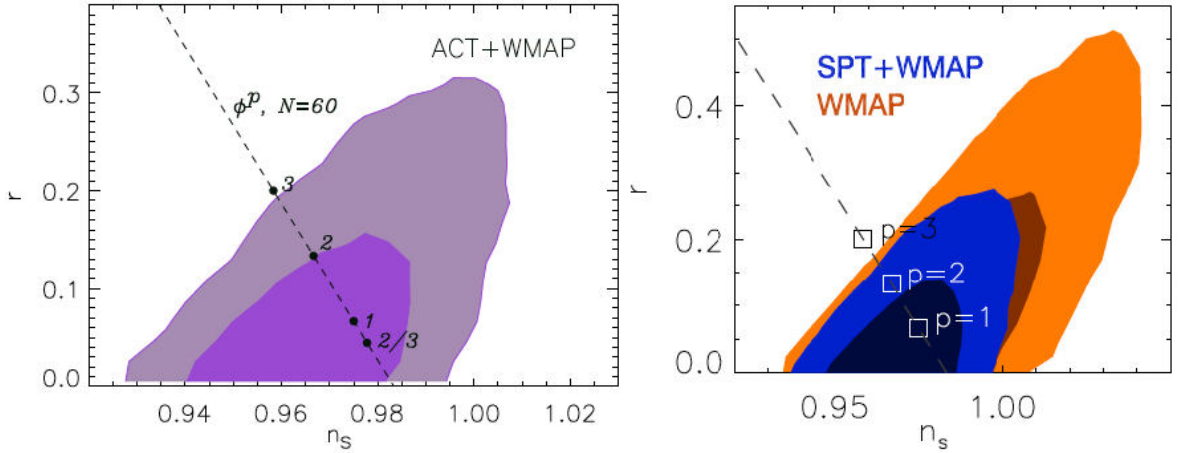


FIGURE 13. Marginalized 2D probability distribution (68% and 95% CL) for the tensor-to-scalar ratio r , and the scalar spectral index n_s for ACT+WMAP (left panel) and SPT+WMAP (right panel) [13, 22].

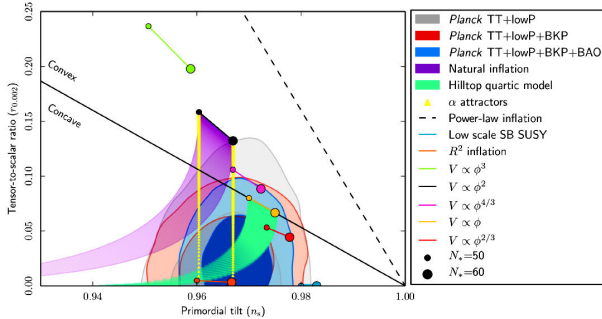


FIGURE 14. 2D marginalized probability constraints on n_s and r for the most recent results of [53]. 2D constraints are plotted with 1σ and 2σ confidence contours. The figure is taken from [53].

ization power spectrum (EE). Notice that the model that fits the best to the data corresponds to R^2 inflation [59], and models $V(\phi) \propto \phi^p$ with $p \geq 2$ are discarded by data. The addition of BAO data and lensing is shown in the left panel of Fig. 15. Finally, to incorporate the most updated version of the data, on the right panel of Fig. 15, we include into the CosmoMC code the full-mission *Planck 2018* (TT, TE, EE + lowE + lensing) [3], the Keck Array, and BICEP2 Collabo-

rations 2016 [2] and the BAO data [5] in order to tighten the parameter space constraints.

8. Conclusions

Considering the analysis presented here, it is complicated to prove that a given model is correct, since these models could be just particular cases of more general scenarios with several parameters involved. However, it is possible to eliminate models or at least give some constraints on their behavior, leading to a narrower range of study. Although we have presented some simple examples of potentials, the classification in small-field, large-field, and hybrid models is enough to cover the entire region of the n_s - r plane, as illustrated in Fig. 8. Different versions of the three types of models predict qualitatively different scalar and tensor spectra, so it should be particularly easy to work on them apart.

We have seen that the favored models are those with small r (assuming $dn_s/d \ln k \sim 0$) and slightly red spectrum, hence models with blue power spectrum $n_s > 1.0$ are

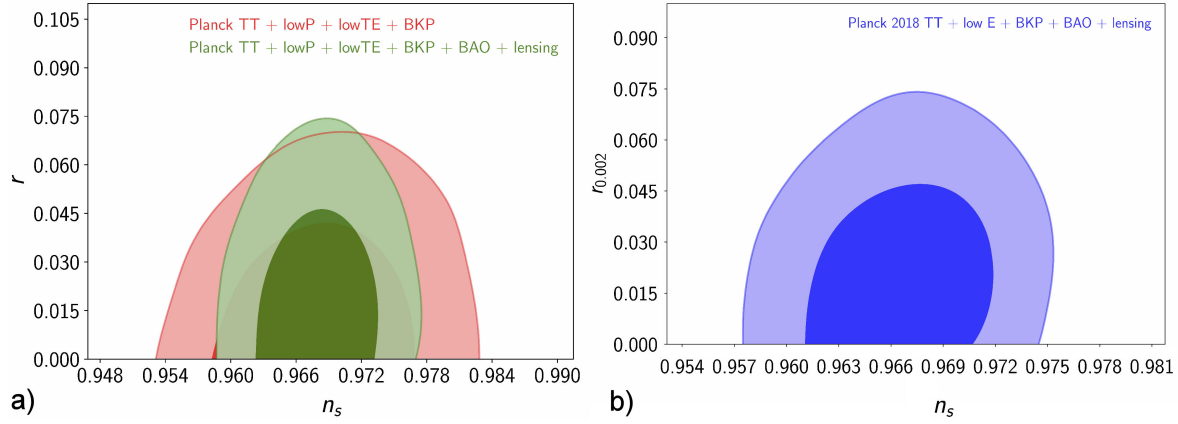


FIGURE 15. 2D marginalized probability constraints on n_s and r for the Planck 2015 dataset (left) and Planck 2018 (right). 2D constraints are plotted with 1σ and 2σ confidence contours. The figure was done by using the CosmoMC package.

TABLE I. Summary of the n_s , r constraints from different measurements.

Parameter	Limits	Data set
n_s	0.9661 ± 0.0037	Planck 2018 TT + low E + BKP
r	< 0.065	+ BAO + lensing
n_s	0.9683 ± 0.0059	Planck TT + lowP + lowTE + BKP
r	< 0.0660	+ BAO + lensing
n_s	0.9666 ± 0.0062	Planck TT+lowP
r	< 0.103	
n_s	0.9711 ± 0.0099	SPT+WMAP7+BAO+ H_0
r	< 0.17	
n_s	0.970 ± 0.012	ACT+WMAP7+BAO+ H_0
r	< 0.19	
n_s	0.973 ± 0.014	WMAP7 + BAO + H_0
r	< 0.24	
n_s	$0.982^{+0.020}_{-0.019}$	WMAP7 ONLY
r	< 0.36	
n_s	0.968 ± 0.015	WMAP5+BAO+SN
r	< 0.22	
n_s	0.986 ± 0.022	WMAP5 ONLY
r	< 0.43	
n_s	0.97 ± 0.04	WMAP3 + SDSS
r	< 0.31	
n_s	0.99 ± 0.05	WMAP3 ONLY
r	< 0.60	

inconsistent with the recent data. These simple but important constraints allow us to rule out the simplest models corresponding to hybrid inflation of form $V(\phi) = \Lambda^4(1+(\mu/\phi)^p)$. There remain models with red spectra in the hybrid classification: inverted models and models with logarithmic potentials.

Table II summarizes the constraints on the n_s and r parameters and their improvements through the years. The scale-invariant power spectrum $n_s = 1$ is consistent within 95% CL with WMAP3 data, and therefore, not ruled out; however, with WMAP5 data the HZ spectrum lays outside the 95% CL region, which indicates exclusion considering the lowest order on the n_s , r parameters. When WMAP7 data is considered, scale-invariant spectrum is totally excluded by more than 3σ ; however, the inclusion of extra parameters in a particular model may weaken the constraints on the spectral index. When chaotic models $V(\phi) \propto \phi^p$ are analyzed with current data, it is found that quartic models ($p = 4$) are ruled out, whilst models with $p \geq 3$ are disfavored at $> 95\%$ CL. Moreover, the quadratic potential $V(\phi) = 1/2m^2\phi^2$ is in agreement with all data sets presented here and therefore remains as a good candidate. Future surveys will provide a more accurate description of the universe and therefore narrow down the number of candidates, which might better explain the inflationary period.

Acknowledgments

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